

About the Institutions

Mother Terasa Group of Institutions (MTGI) is located in Illuppur on the Highway connecting Pudukkottai and Viralimalai. It is 25 kms from Pudukkottai. The dry and hot fields of Illuppur have been converted into fields of ever Green Education by this Trust. The college has a tranquil, calm and pollution free environment that helps the students in all aspects to concentrate in their studies.

About the College

The Mother Terasa College of Physical Education is committed to nurturing individuals who are passionate about sports, fitness, and overall well-being. Our goal is to equip students with the knowledge, skills, and attitudes necessary to become leaders in the field of physical education. The department fosters a vibrant environment where both academics and athletics thrive, supported by a team of highly experienced faculty and state-of-the-art facilities.

Organizing Committee

Chief Patron	: Dr. R. Chinnathambi Founder Mother Terasa Group of Institutions
Patron	: Mr. R.C.UthayaKumar, B.Sc., M.Sc (Yoga) Chairman Mother Terasa Group of Institutions
Co-Patron	: Dr.T.Poongundran Director, MTGI Prof.M.Dineshkumar Registrar, MTGI
Convener	: Dr.J.Suganthi, Ph.D., Principal, MTCPE
Organizing Secretary	: Dr.G.Vigneshwaran, Ph.D., Assistant Professor

Organizing Members:

1. Dr.R.Panneer Selvam, Ph.D., Assistant Professor
2. Dr.C.Sathyaraj, Ph.D., Assistant Professor
3. Dr.A.Rabin, Ph.D., Assistant Professor
4. Dr.J.Suresh, Ph.D., Assistant Professor
5. Dr.S.Rajamony, Ph.D., Yoga Trainer
6. Mr.S.Shanmugam, Physical Director
7. Mr.A.Muthusamy, Physical Director
8. Mr.R.Krishnakumar,Physical Director



MOTHER TERASA GROUP OF INSTITUTIONS MOTHER TERASA COLLEGE OF PHYSICAL EDUCATION

Approved by NCTE, Affiliated to Tamilnadu Physical Education and Sports University
Mettusalai, Illuppur (Post), Pudukkottai (Dt),
Tamil Nadu - 622 102

TWO DAYS NATIONAL LEVEL WORKSHOP ON “ATHLETICS RULES AMENDMENTS AND BEST PRACTICES”

29th & 30th
December, 2025



Organized by
MOTHER TERASA COLLEGE OF PHYSICAL EDUCATION
Mettusalai, Illuppur, Pudukkottai,
Tamil Nadu - 622 102, India.

**TWO DAYS NATIONAL LEVEL
WORKSHOP ON
“ATHLETICS RULES AMENDMENTS
AND BEST PRACTICES”**

Dear Delegates

We pleased to inform you that we have decided to organize Two Days National Level Workshop on “ATHLETICS RULES AMENDMENTS AND BEST PRACTICES” with a view to creating a basic minimum framework for physical educational personal. We hope that this workshop will create awareness with respect to technical rules of athletics.

Theme of the Workshop

1. To describe the responsibility of officials in Athletics.
2. To describe the duty of an official before during and after the competition.
3. To enumerate advantages to choose officiating profession as a career.
4. To describe the ways to progress in the field of officiating in Athletics.
5. Explore jobs/levels of responsibilities in competition management.
6. Experience of conducting an event.
7. To describe the qualities of good officials.

Note:

1. Workshop Kit & Certificates will be provided to all the participants.
2. Refreshment and lunch will be provided for the Participants (Afternoon lunch only).

Registration Fee

The Registration form for the workshop is attached herewith, participants are requested to fill-up the registration form and submit along with the registration fee through registration link on or before 24.12.2025 by 4.00 PM.

Registration Fee	Students & Others	Spot Registration
	Rs.500/-	Rs.750/-

Accommodation

Accommodation will be provided in the college campus itself on prior request. Participants those who are in need of boarding and lodging on payment basis in Illupur have to inform us through phone well in advance, which will enable us to book lodge.

RESOURCE PERSONS

Dr.S.SARABOJI, Ph.D.,

Principal
Aditya College of Physical Education
Surampalem, East Godavari District
Andhra Pradesh, India - 533437

Dr.S.SETHU, Ph.D.,

Associate Professor
Department of Physical Education and Sports
Central University of Tamilnadu
Thiruvarur, Tamilnadu,
India – 610 005

ORGANIZING SECRETARY

Dr.G.Vigneshwaran, Ph.D.,

Assistant Professor
Mother Teresa College of Physical Education
Mettusalai, Illupur, Pudukkottai,
Tamil Nadu – 622 102, India
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REGISTRATION FORM

Name _____

Student/Designation _____

Institution _____

Address _____

Mobile _____

Email _____

Registration Fee: Students/Others

Signature _____

Registration Link

<https://forms.gle/VGcwBj22iJFtVBqi6>